Baby Coming—You Ready?

Acknowledgement

We acknowledge the Whadjuk people as the traditional custodians of the land which we meet on. We pay our respect to Elders past, present and future, and the Elders from other communities who may be here today. The past and continuing connection to land, waters, community and culture brings hope to Aboriginal and Torres Strait Islanders, who warmly welcome us to work together collaboratively towards a brighter future.
‘Baby Coming-You Ready?’ is a new generation mental health & well-being screening process. It holds and implements the vision of giving control back to Aboriginal parents whilst improving the social and emotional wellbeing, and screening and assessment processes for Aboriginal families during their birthing journey.

The ‘Baby Coming-You Ready?’ Rubric has been developed, digitised and designed by Aboriginal women, men, and researchers. It is a celebration of the cultural wisdom, relational collaboration, and ongoing support from all people involved since conception, during the Kalyakool Moort research project (2013-2016).

This highly collaborative project between Aboriginal communities, Aboriginal and non-Aboriginal practitioners and researchers has embodied passion and commitment to improve perinatal wellbeing and engagement for women and men at this significant time.
Rhonda Marriott
Research Director
Ngangk Yira

Rhonda was born in Derby, Western Australia, and is descended from Kimberley Nyikina people through her mother. She is a registered nurse and midwife. Rhonda is the Centre Director of Ngangk Yira - the Murdoch University Research Centre for Aboriginal Health and Social Equity, overseeing projects that primarily focus on improving health outcomes and their experience of health and support services for Aboriginal people of different age groups and perspectives across the lifespan. As Jayne Kotz’ PhD supervisor, Rhonda has been involved with the Baby Coming-You Ready? Project since its inception.

Rhonda is very proud of the process to develop the BCYR Rubric and is grateful of the cultural guidance and commitment of the Noongar community throughout the project. Because of this strong involvement in the development of an authentic Rubric, we are confident the Rubric will make a difference in the way social and emotional wellbeing is supported.

Jayne Kotz
Project Lead, Ngangk Yira

The ‘Baby Coming-You Ready?’ project aims to fulfil the needs of Aboriginal people and clinicians and has drawn on the principals of community control and community development in health.

‘Baby Coming-You Ready?’ project is so much more than research. Its practical innovation for working alongside Aboriginal families is truly grounded in the contributions from many Aboriginal people, health care practitioners, researchers and collaborators that continue to guide and assist the research.

I moved from Victoria 12 years ago with my partner, 2 daughters, 5 grandchildren, our cat and dog, and I feel very blessed to have found a new home in Western Australia. As an endorsed Nurse Practitioner, Midwife and Child Health Nurse, my working life has been alongside women in prison and alongside women and their families in their own communities in Australia, Africa, and Vanuatu. It has not only solidified my own values of equity and social justice, but has also given me the commitment, drive and confidence to listen deeply and act upon the voices of those involved the ‘Baby Coming-You Ready?’ project.

My deepest thanks to all the wonderful people who have contributed their wisdom and expertise to this innovative and culturally secure project – without you, this rubric would not exist.

BCYR Aboriginal Cultural Security Group (Elders)

Carmel Culbong
Gary Culbong
Karen Culbong
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Albert McNamara

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Kalyakool Moort Research Team

Preston Culbong  Save The Children Australia
Tomzarni Dann  AIME Mentoring Program
Danny Ford  Kambarang Services
Jayne Kotz  Ngangk Yira, Murdoch University
Rhonda Marriott  Ngangk Yira, Murdoch University
Sharna Ninyette  Kulbardi, Murdoch University
Corinne Reid  The University of Edinburgh
Jenna Woods  Kulbardi, Murdoch University
We aim to build strong respectful relationships and engagement between Aboriginal and Torres Strait Islander and non-Aboriginal peoples as clients, community members, and organisations.

**BCYR Women’s Aboriginal Advisory Group (AAG)**

- Shelley Coleman  Sexual Health Headquarters
- Bridgette Connors  Child and Adolescent Community Health
- Janinne Gliddon  King Edward Memorial Hospital for Women
- Gail Gibson  Ngangk Yira, Murdoch University
- Joanna Hamilton  Child and Adolescent Community Health
- Cecilia Heinritz  Child and Adolescent Community Health
- Kerryn Lewis  Wungening Women’s Refuge
- Jade Maddox  Ngangk Yira, Murdoch University
- Christine Parry  Boodjari Yorgas, Armadale Hospital
- Mel Robinson  Department of Health
- Averil Scott  Women and Family Health Services
- Jillian Taylor  Derbarl Yerrigan Health Service
- Rose Walley  Telethon Kids Institute
- Deborah Williams  Child and Adolescent Community Health
- Gail Yarran  Derbarl Yerrigan Health Service

**BCYR Men’s Aboriginal Advisory Group (AAG)**

- Des Blurton  Department of Health
- Rohan Collard  Department of Communities
- Danny Ford  Kambarang Services
- Jon Ford  Moorditj Koort
- Ian Gentle  Department of Health
- Mark Griffin  Nyoongar Wellbeing & Sports
- Dave Pigram  Department of Health

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The members of the BCYR Organising Committee from Ngangk Yira are:

Wen Chan  Project Officer  Gail Gibson  Project Officer  Brenda Hill  Research Assistant  Jayne Kotz  Project Lead of BCYR  Jade Maddox  Research Coordinator & Cultural Co-Lead  Rhonda Marriott  Research Director  Gabrielle Walker  Project Officer
We would like to acknowledge Barbara Bynder, well known Noongar artist for her ‘Baby Coming You Ready’ artwork/design and Bernadette Trench-Theidman for her sensitive illustrations in the digitised rubric.

BCYR Project Partnerships are:
Department of Health Western Australia through - Nursing and Midwifery Office, Women and Newborn Health Service, King Edward Memorial Hospital, Fiona Stanley Hospital, North Metropolitan Health Service, Boodjar Yorgas (Armadale Hospital), Child and Adolescent Community Health (CACH); Department of Communities Western Australia; Centre of Perinatal Excellence; Utility Creative; Derbarl Yerrigan Health Service; Moort Boodjari Mia (St John of God Healthcare); Murdoch University; University of Edinburgh; Telethon Kids Institute; Ngalia; Nyoongar Wellbeing & Sports.